Social Identities

The attributes below are some examples of social identities in the context of western culture. These are the identities that are assigned to us by society. They influence how the world views us. They affect how we are socialized and how we react and respond to each other.

Review the group memberships in the Privileged Social Group Category and the Targeted Social Group Category. If there are additional social identities you would like to consider, add them to the chart.

Privileged Social Groups	Social Identity Construct	Targeted Social Groups
30's to early 50's	AGE	Younger; Older
Able-Bodied	ABILITY	A physical, mental, emotional, and/or
		learning disability; chronic illness
White	RACE	Person of color
Male	BIOLOGICAL SEX	Female, Intersex
Behavior or appearance reinforces the	GENDER IDENTITY AND	Any behavior or appearance that
Gender Binary System, i.e. either	GENDER EXPRESSION	does not reinforce the Gender Binary
masculine or feminine as the standard		System (including, but not limited to:
		Gender Variant, Gender Queer;
		Ambiguous, Androgynous
Heterosexual	SEXUAL ORIENTATION	Gay, Lesbian; Bisexual
Upper class; Upper Middle class;	CLASS	Working class; near poverty level;
Middle class		living in poverty
Graduate or college degree; Private	EDUCATIONAL LEVEL	High school degree; Public schooling
schooling		
Christian	RELIGION/SPIRITUALITY	Non-Christian
U.S. Born	NATIONAL ORIGIN	Born in a country other than the U.S.
"American"; Western European	ETHNICITY/CULTURE	Non-Western Culture or heritage
heritage		
Fit's society image of attractive,	SIZE/APPEARANCE	Perceived by others as overweight;
beautiful, handsome		extremely skinny, too tall, short, not
		physically attractive
Legally married in a heterosexual	MARITAL STATUS	Single, divorced; widowed; in a same
relationship		sex-partnership;
Suburban; valued region of the U.S.	GEOGRAPHICAL REGION	Rural; urban; less valued region of the
		U.S.
President, Dean, Director, Faculty,	HIERARCHICAL/	Subordinate; new hire, temporary;
Supervisor, Manager	POSITIONALITY LEVEL	assistants, intern
Proficient in the "Queen's English";		First language is not English; have an
use of proper English	LANGUAGE	accent

Adapted from: Adams, M., Bell, L. A., & Griffin, P. (Eds.). (2016). Teaching for diversity and social justice (3rd ed.).



Social Identity Reflection

Notice the various Social Identities you hold.

- These are your group memberships.
- Note how many can change due to life circumstances.
- Note how many you do or do not have control over.
- Note how they influence each other.
- 1. Which of your social identities do you think about most often? Why do you think about them the most?

2. Which of your identities do you think about rarely? Why might you not think about them as frequently?

3. What are you noticing about how privilege is showing up in your social identities?

